

FIAROVANA NY VOLY LEGIOMA AMIN'NY FOMBA ARA-VOAJANAHARY

Mamono sy/na mandroaka bibikely



SAKAY PILO

- Mandroaka sy mamono bibikely mandady sy manidina (indrindra fa olitra) ;
- Disana ny sakay pilo => 2 sotro + 10 l rano ;
- Milona 1 alina dia afendraka @ voly.



TARETRA

- Mamono tanteraka bibikely ;
- 1 kg raviny (tete hina) + 10 l rano ;
- Milona 3 na 5 andro dia afendraka @ voly ;
- Tandrema fa mety miteraka malailay @ vatana.,



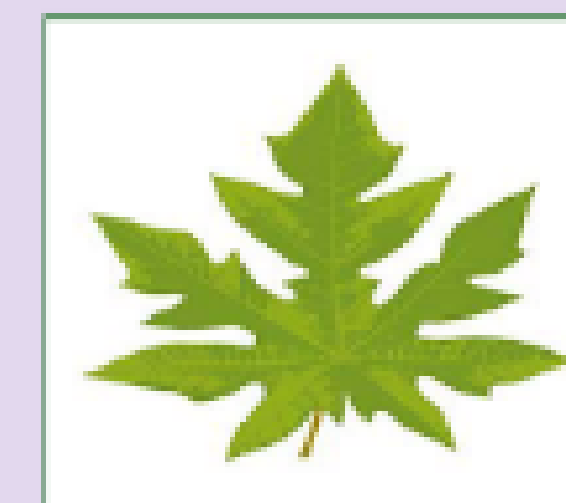
TANAIISIE

- Mandroaka sy mamono ireo bibikely (toy ala kely, bibikely mihinandravina,..) ;
- 1 kg raviny (tete hina) + 10 l rano ;
- Milona 5 na 7 andro dia afendraka @ voly.



CONSOUDE

- Miady @ aretina avy @ holatra (lagaly) ;
- Mandroaka bibikely ihany koa sady zezika ;
- 1 kg tahony sy raviny (tete hina) + 10 l rano ;
- Milona 5 andro dia afendraka @ voly .



PAPAYE

- Miady @ aretina avy @ holatra (Kifotsy sy arafesena) ;
- 1 kg raviny (tete hina) + 5 l rano ;
- Milona 5 na 7 andro dia afendraka @ voly .



NEEM

- Mandroaka sy mampalaikomana ny bibikely ;
- 1 kg raviny (tete hina) + 5 l rano ;
- Na 1 kg voany (totoina) + 5 l rano ;
- Milona 3 na 5 andro dia afendraka @ voly.



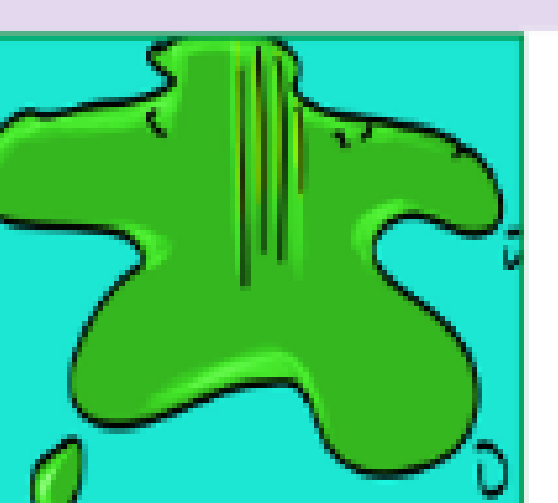
PARAKY

- Mamono bibikely manidina sy mandandy ;
- 1 kg raviny sy taho (tete hina) + 1 savony gasy + 10 l rano ;
- Milona 1 andro dia afendraka @ voly.



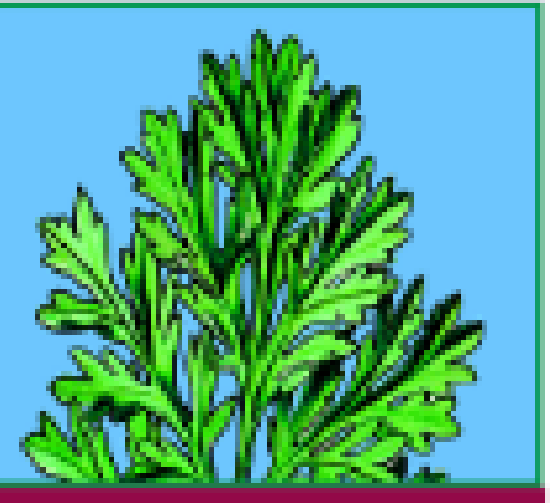
AIL

- Mamono bibikely toy ny ramerina sy ala kely, lolo fotsy kely (voatabia), olatra ;
- Disana ny asiny => 2 sotro + 10 l rano ;
- Avela hilona 1 alina dia afendraka @ voly ;



TAIN'OMBY

- Miady @ aretina avy @ holatra (lagaly) ;
- Mitondra sakafo ho any voly ihany koa ;
- 1 kg tain'omby lena + 10 l rano ;
- Milona 5-7 andro dia afendraka @ voly .



ABSINTHE

- Miady @ aretina avy @ holatra (arafesena) ;
- 1 kg raviny (tete hina) + 10 l rano ;
- Milona 5-7 andro dia afendraka @ voly .



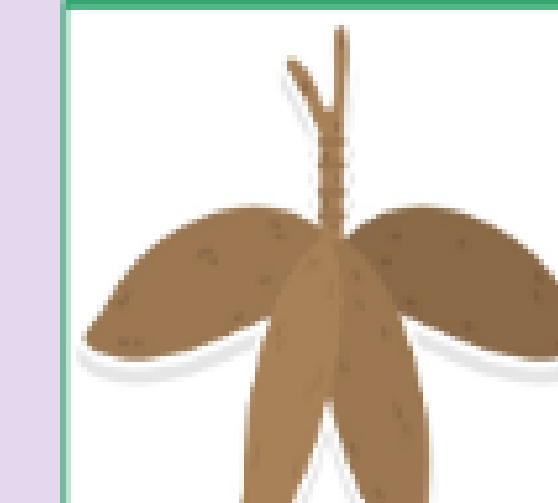
TEPHROSIA

- Mamono bibikely (ala kely, dita, olotra,...) sady zezika ranony ;
- 1 kg raviny (tete hina) + 5 l rano ;
- Milona 3 na 5 andro dia afendraka @ voly.



LAVENONA

- Mandroaka sy mamono ny biby anaty tany ;
- 1 kg raviny (tete hina) + 5 l rano ;
- Milona 3 na 5 andro dia afendraka @ voly.
- Afaka + Ravina na voana voandelaka atao feta



MANGHAZO

- Mamono bibikely manidina sy mandandy ;
- Rapena ny mangahazo (1 kg) dia alona anaty koveta. Avela ilona 1 alina dia miavaka eo ambony ny rano tsotra ary ambany ny mangahazo
- llay ranona mangahazo io no afendraka @ voly.



AMPANGA

- Miady @ aretina avy @ holatra (lagaly) ;
- Mandroaka bibikely ihany koa ;
- 1 kg raviny (tete hina) + 10 l rano ;
- Milona 10-15 andro dia afendraka @ voly .



KARBONETRA

- Miady @ aretina avy @ holatra (Kifotsy) ;
- 50 hart@ 150 g atao anaty rano 15 l ;
- Tonga dia afaka ampiasana fa tsy mila aloana.